

Articles of release from liability and assumption of risk:

I certify that I am in good health and haven't any physical defect that would endanger my health in participation and practice of Shinshin Toitsu Aikido and/or Ki training. I hereby release and discharge the International Ki Society, Eastern Ki Federation, and the Northern Virginia Ki-Aikido Dojo it's officers, instructors participants, and affiliated member clubs from any liability whatsoever, resulting from or in any manner arising out of an injury, loss or damage that may be sustained to me or my property on account of my participation, and/ or transportation connected with, herein said activity. I represent and covenant at the time of signing this release application, I am legally competent to execute it and that before signing it, I have fully informed myself of its contents and execute it with full knowledge thereof.

(Parental Signature required for participants under age 18)

SIGNED AND DATED

Parent or Guardian Name (please print):

Parent or Guardian Signature and Date

Mailing Instructions

Please mail one Registration (see reverse side) and one Articles of Release Form for each person planning to attend, and full payment in US \$ to:

Northern Virginia Ki-Aikido
2929E Eskridge Road
Fairfax, VA 22031



Eric Nonaka Sensei holds the rank of Nanadan (7th Dan) in Ki-Aikido and Okuden in Ki Development. He has been a lifelong student of Soshu Koichi Tohei Sensei (and now Kaicho Shinichi Tohei Sensei) as he began formal training under the Founder nearly 60 years ago when he was 6 years old. He attained the rank of Shodan (1st Dan) at age 16.

In 1953 Soshu Tohei first began teaching Aikido outside Japan in the Hawaiian Islands. Whenever Tohei Sensei taught on the Big Island of Hawaii, he stayed in the home of Takashi Nonaka Sensei (9th Dan and Eric's father) who was one of Tohei Sensei's earliest Hawaiian-American students.

Later, while he was in college at the University of Hawaii at Manoa, E. Nonaka Sensei lived in Japan for six months and trained with the *uchi deshi* (live-in students) directly under Soshu Tohei where he often served as Sensei's *uke* during demonstrations and Instructor's Classes.

E. Nonaka Sensei has served as the Head Instructor of Mililani Hongwanji Ki-Aikido (Oahu) for 35 years where his son Reid teaches the children's classes. Nonaka Sensei also oversees extension programs teaching Ki Principles at the Veterans Center (for veterans suffering from PTSD) as well as programs at Pacific Buddhist Academy. He has served as the President of the Hawaii Ki Federation and is currently its Assistant Chief Instructor.

Eastern Ki Federation

**16th Anniversary
New Year's Seminar:
Shugyo Tassei Kigan
Shiki**

With

Eric Nonaka Sensei
Asst. Chief Instructor, Hawaii
Ki Federation

January 17, 18, 19, 2020
(Friday, Saturday, Sunday)
Northern Virginia Ki-Aikido Dojo





Eastern Ki Federation
16th Anniversary New Year's Seminar:

With
Eric Nonaka Sensei
Nanadan, Okuden

January 17, 18, 19, 2020
Northern Virginia Ki-Aikido Dojo
2929-E Eskridge Rd.
Fairfax, VA 22031

Schedule

Friday, January 17

5:30..... Dojo opens: Seminar Registration
6:00-8:00 Seminar
8:30..... Special Recognition Dinner

Saturday, January 18

8:00..... Dojo opens
9:00-12:00..... Seminar
12:00-12:15..... Pictures Taken
12:15-1:30..... EKF Head Instructors lunch meet-
ing at dojo.
Lunch for other participants at area
eateries
1:30-4:00..... Seminar
6:30..... Dinner TBA

Sunday, January 19

8:00..... Dojo opens
9:00-12:00..... Seminar

Seminar Fee

Cost Per Day:

\$60 per day [Friday, Sunday]
\$80 per day [Saturday]
\$165.00 for all three days
\$140.00 for all three days if paid by Dec. 20th

***It would be greatly appreciated and
extremely helpful to the registration process
to utilize online services.***

**To pay online use the following link:
<http://novakiaikido.org/news-updates.php>**

**If it is absolutely necessary to pay by mail
please use the attached
form and mail it to the address on the form
along with your payment.**

For additional information:

Contact: Tim Felegie Sensei
Email: tsf22@comcast.net
Phone: 703-573-8843

Registration Form

Please return one Registration Form and one Arti-
cles of Release Form (see reverse side) for each
person.

Please Print

Name:

Rank:

Dojo:

Email:

Home Address:

Phone:

Emergency Contact Name:

Emergency Contact Phone:

Please make check payable to:
VKS