

#### ARTICLES OF RELEASE FROM LIABILITY AND ASSUMPTION OF RISK:

I certify that I am in good health and haven't any physical defect that would endanger my health in participation and practice of Shinshin Toitsu Aikido and/or Ki training. I hereby release and discharge the International Ki Society, Eastern Ki Federation, and the Northern Virginia Ki-Aikido Dojo it's officers, instructors, participants, and affiliated member clubs from any liability whatsoever, resulting from or in any manner arising out of an injury, loss or damage that may be sustained to me or my property on account of my participation, and/ or transportation connected with, herein said activity. I represent and covenant at the time of signing this release application, I am legally competent to execute it and that before signing it, I have fully informed myself of its contents and execute it with full knowledge thereof.

(Parental Signature required for participants under age 18)

#### SIGNED AND DATED

Parent or Guardian Name (please print):

Parent or Guardian Signature and Date

#### MAILING INSTRUCTIONS:

Please mail one Registration (see reverse side) and one Articles of Release Form for each person planning to attend, plus full payment in US \$ to:

VKS  
PO Box 2351  
Merrifield, VA 22116



Come join David Shaner Sensei, 8<sup>th</sup> Dan and Chief Instructor Eastern Ki Federation, for the 2023 New Year's Seminar hosted by Northern Virginia Ki Aikido, located in Merrifield, Virginia.

This is the first seminar of 2023 and our first seminar since the restrictions imposed by the pandemic.

We are excited to welcome all students regardless of rank and experience to celebrate a restart to seminar training. Shaner Sensei will explore the theme of **"How to See,"** which is a foundational skill for every level of development from beginner to advanced authorized examiner.

If you are not a member, and you are interested in learning more, we are pleased offer a free public demonstration of Ki Aikido open to the public.

**The Public Demonstration is scheduled on Saturday, January 21<sup>ST</sup> AT 9:30am.**



## 2023 NEW YEAR'S SEMINAR & PUBLIC DEMONSTRATION

#### HOSTED BY:

NORTHERN VIRGINIA KI AIKIDO

<https://www.novakiakido.org/>

#### TAUGHT BY:

DAVID SHANER SENSEI

8<sup>th</sup> DAN

CHIEF INSTRUCTOR, EASTERN KI FEDERATION

#### DATES:

JANUARY 20<sup>TH</sup> – 22<sup>ND</sup>, 2023  
(FRIDAY, SATURDAY, SUNDAY)

#### LOCATION:

NORTHERN VIRGINIA KI-AIKIDO DOJO  
2929-E ESKRIDGE RD.  
FAIRFAX, VA 22031

#### FREE PUBLIC DEMONSTRATION:

SATURDAY, JANUARY 21<sup>ST</sup> 2023  
9:30AM – 11:00AM



## 2023 NEW YEAR'S SEMINAR & PUBLIC DEMONSTRATION

WITH  
DAVID SHANER SENSEI, 8<sup>TH</sup> DAN

NORTHERN VIRGINIA KI-AIKIDO  
DOJO 2929-E ESKRIDGE RD.  
FAIRFAX, VA 22031

### SCHEDULE

#### FRIDAY, JANUARY 20<sup>th</sup> 2023

5:30pm Dojo Opens | Seminar Registration  
6:00pm – 8:00pm Seminar  
8:30pm Dinner

#### SATURDAY, JANUARY 21<sup>st</sup> 2023

8:00am Dojo Opens  
9:00am – 9:30am Seminar Welcome  
9:30am – 11:00am Public Demonstration  
11:00am – 12:00pm Seminar Morning Session  
12:15pm – 1:30pm Lunch  
EKF Head Instructors Meeting  
1:30pm – 4:00pm Seminar Afternoon Session  
6:30pm Dinner

#### SUNDAY, JANUARY 22<sup>nd</sup> 2023

8:00am Dojo Opens  
9:00am – 12:00pm Seminar

### SEMINAR FEES

Free: Public Demonstration

\$60 per day [Friday, Sunday]

\$80 per day [Saturday]

\$165.00 for all three days

\$140.00 for all three days if paid by Dec. 20th

#### **ONLINE PAYMENT:**

To pay online use the following link:

<http://novakiaikido.org/news-updates.php>

To pay by mail please use the attached form and mail it to the address on the form along with your payment.

#### **FOR ADDITIONAL INFORMATION:**

Tim Felegie Sensei

Email: [tsf22@comcast.net](mailto:tsf22@comcast.net)

Phone: 703-573-8843



### REGISTRATION FORM

Please return one Registration Form and one Articles of Release Form (see reverse side) for each person.

NAME:

RANK:

DOJO:

EMAIL:

HOME ADDRESS:

EMERGENCY CONTACT NAME:

EMERGENCY CONTACT PHONE:

Please make check payable to:  
VKS